

CERTIFICATE

OF PARTICIPATION

This is to certify that

Anastasia Nel

Has successfully participated & completed the

5km Cowhouse Autumn Trail Run 2018

held at Cowhouse Market.

TIME 01:05:50

PACE 13:09/km

OVERALL 90 of 104

28 April 2018, Sat

Date

GENDER 51 of 62

40 - 49 13 of 14

